



# OUR LION CODE OF CONDUCT

Rabat American School's students, parents, coaches and spectators will strive to display appropriate behavior at our Athletic and Activity events according to the below code of conduct. Failure to follow the code of conduct may result in removal from the event, team, or activity.

## COACHES' & LEADERS' CODE OF CONDUCT

I WILL:

- support and uphold Rabat American School's vision, mission, and beliefs.
- understand that Athletics and Activities is for fun, personal development and healthy competition.
  - a. appreciate that winning is a goal, but is not everything. We do not win at the cost of our integrity.
  - b. help my students understand that doing one's best is more important than winning, so that my students will never feel defeated by the outcome of a game/event or his/her performance.
- try to make each and every experience a positive one.
- respect the rules, be fair, and uphold the highest standards of integrity.
  - a. respect the game/event and our opponents and not run up the score.
- understand that MASAC/International events carry heavy penalties towards schools who cheat or demonstrate unsportsmanlike behavior, and I will not put Rabat American School at risk.
- take time to speak to parents and students at an agreed upon time and place.
  - a. abide by a 24-hour "cooling off" period before approaching a parent or student.
- seek opportunities to give all students valuable and engaging playing/learning time within practice/sessions or game/event situations.
- prepare my team/group to learn, improve, and compete/grow to the best of their ability through organized pre-planning and reflective practices.
  - a. be aware of acclimatization and weather conditions when conducting practices/sessions
- be punctual and strive to uphold exemplary attendance throughout the season
  - a. notify administration immediately if unable to lead a practice/session
- use appropriate language and behavior while coaching/leading.
- respect students, officials/judges, opponents, coaches/leaders, and spectators while being a role model of appropriate behavior.
- teach and remind students of healthy and safe habits such as eating healthy, staying hydrated, and gaining adequate sleep.
- understand that student-athletes/activities are students first and athletes second.
- read and agree to abide by the [MASAC Handbook](#) when attending MASAC events (specifically the "Rules and Guidelines" section)